RC Visionaries

# The Endura Blueprint

A Specialized Guide of The RCV 'Transitions' Style

# Contents

## Unit 4: Market Structure



## Unit 5: Order Flow



## Unit 6: Derivatives



## Unit 7: Miscellaneous

# Unit 1: Introduction
## Do It for You

"This is for me" - Alex Hormozi

Alex Hormozi has a powerful message that resonates with me in various ways.

Here's the raw truth he's sharing: in a few generations, every memory of our achievements and failures, the core of who we are, will be forgotten. Even those who might try to sway us from our path will vanish, their opinions and objections turning to dust just like our own legacies.

So, why do we get into trading? Is it to prove something to others, to seek their nod of approval, knowing well that these memories won't last? Or is there something deeper and more personal driving us? Trading, particularly day trading, is tough. Only about 10% of traders break even or profit minimally. The odds are not just tough; they're nearly impossible. But, it's this very challenge that should light a fire within us—not to show others they were wrong, but to prove to ourselves that we've got what it takes to carve out a piece of success in a world where failure is the norm.

Standing on the edge, looking out over the vast, complex markets before us, we're faced with a decision. It's not about seeking glory or recognition, but about chasing success in a field where it's incredibly hard to come by. If you're driven by a personal commitment to not just get by but to excel, then take that step forward. The journey is tough, filled with hurdles, but for those who are in it for themselves, the journey is the reward.

**Now that we've got that message across, let's dive right in.**

# The Forgetting Curve

The Forgetting Curve is a crucial concept for traders to understand, especially when learning and retaining complex trading strategies and market analysis techniques. This concept illustrates that details are progressively forgotten over time unless they are actively reviewed and reinforced.

Here’s how to apply this understanding to trading:

**Regular Review:**

Just like you remember your birthday because it is consistently acknowledged every year, you should regularly review your strategies and the outcomes of your trades. This helps reinforce your learning and retention of trading skills.

**Acknowledge the Limitations:**

Recognize that without reviewing, it's natural to forget much of the content you've learned or experienced. As you absorb new information, make it a habit to revisit older knowledge to bridge any gaps that might form over time.

**Implement Spaced Repetition:**

To combat the natural tendency to forget, incorporate spaced repetition into your learning schedule. This method involves reviewing information at gradually increasing intervals to enhance and maintain long-term retention. For example, review trading patterns or strategies immediately after learning them, then again after a few days, and progressively extend the interval between reviews.

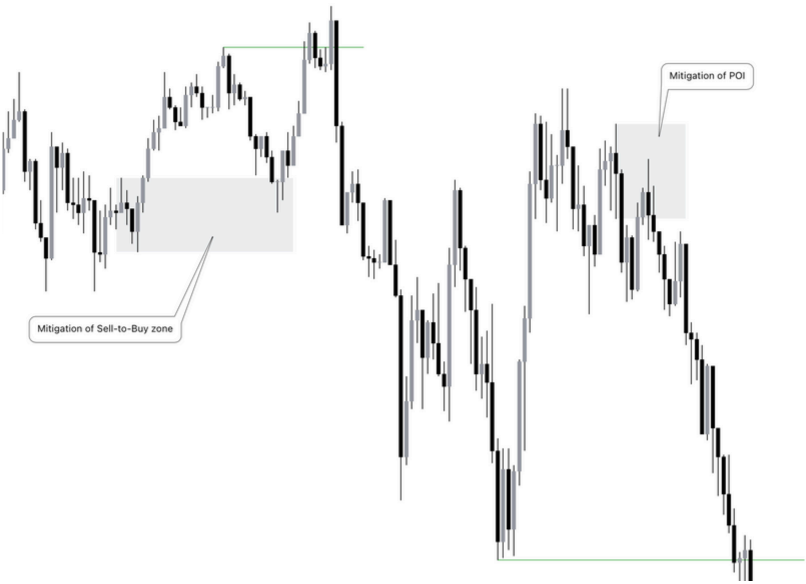
# Foundational Concepts

## Sponsored Candles

Sponsored Candles (SC) are indicative of significant market moves and are characterized by specific criteria, including candles that clear liquidity or mitigate a previous SC, leading to a pronounced market movement in the opposite direction.

Mitigation: The process of accounting for a POI (Candle, wick, ineff.)

Example of a Mitigation:



# Unit 6: Derivatives

The concept of a trading derivative is foundational in trading, encapsulating the essence of personalizing trading strategies based on accumulated knowledge, market observation, and continuous refinement.

## Facing the Realities of Trading

As traders, we must accept two fundamental realities:

**Market Complexity:**
The market is influenced by a myriad of factors including economic indicators, political events, central bank decisions, and global occurrences. These elements interplay in a complex fashion, making it impossible to fully grasp or predict market movements with absolute certainty.

**Derivative Nature of Trading Strategies:**
No trading concept is entirely new. Instead, trading strategies are derivatives, formed from existing knowledge, personal experience, and market observation. The goal is not to create but to discover and refine a trading method that resonates with your perspective and goals.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